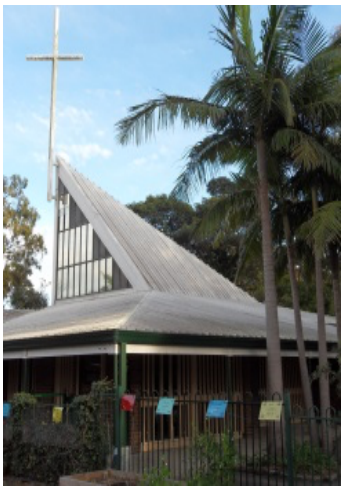


FORESTVILLE UNITING CHURCH

November 2026

Cross Cultural Worker
Freda Tong 0431 876 328
Pastoral Care Leader
Dr Greg Jacobs 0403 229 541
Minister Rev. Sanghyeon Nam
Church Office 0466 277 649
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Our Mission

Welcoming all generations in our culturally diverse community to Know, Love and Serve God

FROM SANGHYEON'S DESK

Bibimbap: Unity in Diversity



One of Korea's most well-known traditional dishes is *Bibimbap*. To make bibimbap, you first place a serving of steamed white rice in a large bowl. Then, you add a variety of vegetables on top, such as carrots, spinach, seasoned radish, bean sprouts, shiitake mushrooms and zucchini. These vegetables are usually boiled or stir-fried and lightly seasoned. A fried egg and some stir-fried beef are also added. To bring out the flavour and aroma, a little sesame oil and some sesame seeds are sprinkled over the top.

And then comes the essential ingredient – the much-anticipated sauce, *gochujang* (Korean red chilli paste), or sometimes stir-fried gochujang. Add a spoonful or two, mix everything together thoroughly, and you have a delicious bowl of bibimbap ready to enjoy!

What makes bibimbap so special is that all these different ingredients come together in one bowl without losing their individual flavours. Instead, when mixed with the sauce, they create a wonderful new flavour. The beautiful combination of colours also makes bibimbap a feast for the eyes.

And what brings all these wonderful ingredients together and makes bibimbap even more appealing is the gochujang. Depending on its flavour, consistency, texture and variety, the taste of bibimbap can be quite different. But for a Korean like me, it's almost impossible to imagine bibimbap without gochujang!

Not long ago, we held a combined worship service with a neighbouring church. Christians from different cultures, backgrounds,



professions and age groups came together in one place. We worshipped and praised our Triune God, listened to God's Word and shared in its

message. We also enjoyed wonderful and meaningful fellowship, not only during the service but also over morning tea afterwards.

It was a lovely opportunity to reflect on what, or rather who, brings us together as one. Because Christ Jesus is among us and dwells within us, we can become one and grow together into the church he calls us to be. Because the Lord walks alongside us, we can go out into the world with faith and confidence. Through him, we continue to grow and mature in our faith. Just as gochujang is an essential part of bibimbap, Jesus Christ is essential to who we are as the church. Without him, something vital is missing. I find myself reflecting once again on what, or more importantly, who we truly need if we are to become one.

Together, we are his house, built on the foundation of the apostles and the prophets. And the cornerstone is Christ Jesus himself. We are carefully joined together in him, becoming a holy temple for the Lord. (Ephesians 2:20–21, NLT)

Our church Facebook, Instagram and Church Homepage

You will be able to access our church's news and share online fellowship with various people. Please search on **Facebook for "Forestville Uniting Church"** and on **Instagram for "forestville_uc"**

Church Office hours

The church office opens **Tuesday, Thursday, Saturday and Sunday from 9.00 am to 1.00 pm** (Sanghyeon's day off is on Wednesday.)

OCTOBER HAPPENINGS

Operation Christmas Child PACKING DAY

On Saturday 24th October, volunteers of all ages came together at Forestville Uniting Church to pack 150 gift boxes for Operation Christmas Child.

It was a wonderful time of fellowship, teamwork and generosity, with everyone working together to share the joy and love of Christmas for children in need.

A heartfelt thank you to Robyn Jacobs, our co-ordinator and team leader, and to everyone who generously gave their time, gifts and support to make this special event possible.

May these small gifts bring joy, hope and a reminder of God's love to the children who receive them.

24/10/26: Volunteers packing 150 Gift Boxes for Operation Christmas Child





Robyn Jacobs: Coordinator & Team Leader









Venue : Forestville Uniting Church Hall

WHAT'S ON IN NOVEMBER

Please check the noticeboard & table in the church entrance for brochures and information…

Communion will be celebrated on **the first Sunday, 1st November,** in church, at home via Zoom or with the paper version of the Order of Service.

Church Council & Leaders' meeting **Tuesday, 17th October** at **7.00pm**.

3F will meet on **Tuesday 10th November** to celebrate the end of year Christmas lunch at Brewscape café, Forestville at 12.30pm. All Welcome to join! Please see Robyn Jacobs if you like to attend

Men's Bible Study (MBS) MBS will be held on **Mondays, 9th (Brewscape café) and 30th November (Church) at 7.15am**. We ask for your prayers for MBS and the participation of those interested. Contact: Rev. Nam.

Wild Swans English Conversation Classes run **Tuesdays** at the church during the school term. **ESL from 10.00 am**. Contact Freda for more information.

Kids @9 Sunday School learning and fun for all children. Come and join in the activities during the school term time.

Play Group **Wednesday mornings** from **9:30-11:30 am** for children (0-5 years of age) and carers.

Morning Worship Service for Chinese Worship; Prayer; Scripture Reading in Chinese with Christian faith, we embark on the road of experiencing God again in the busy and lonely daily life. **Thursdays from 9:30–11:00 am** at the church chapel.

Wild Geese Will gather for an end of year dinner together at a venue TBC closer to **Friday, 20th November.**

Basic Christianity course designed for newcomers, beginners, and those preparing for baptism. The sessions run on the **2nd and 4th**

Sundays of each month, **11:00 am–12:00 pm**, in **English and Mandarin**, over **six sessions**. Everyone is warmly welcome.

Women & Children First collection We will be collecting in November for 'Women and Children First' on the Northern Beaches, a charity that provides acute and ongoing support for Women and Children experiencing domestic and family abuse.

If you can support our annual Christmas collection of this very worthwhile charity, your donations are greatly appreciated. If you would like to make a monetary or gift card donation, please give directly to Deirdre, otherwise please use the basket in the church entrance for food and other items. Items for donation are….

- **Pantry & Household staples** –long life milk, rice, pasta & pasta sauces, tomato sauce, 2 minute /pot noodles, instant coffee, Milo, Vegemite, peanut butter, jam, honey, school snacks (nut-free muesli bars, biscuits, multi pack of chips, fruit bars, Le Snak, crackers, Cruskits, Vita-Weat, Two Fruits), nappies.
- **Gift cards** – Kmart, Big W, Hoyts, Westfield - PLEASE HAND ANY MONEY OR GIFT CARDS DIRECTLY TO DEIRDRE
- **Gifts for Mums (20-35 years) –** Candles, earrings, bangles, hand cream & body cream, new PJ's size 10 - 16, new T-shirts for summer 10-16, women's slippers med. & large, beach towels
- **Christmas food** – shortbread, Christmas sweet treats, chocolates
- **Please note NO TOYS!!!** Annually they receive new toys from several of Rotary's Tree Of Joy collections.

Dates for the Diary

My Aged Care Forum – You're Invited!

Cherrybrook Uniting Church, together with Uniting, is hosting a *My Aged Care Forum* on Tuesday 17 November, from 10:30 am to 12:30 pm.

This is a great opportunity for anyone wanting to learn more about aged care services, government-funded support and how to access the help they may need. There will be helpful information from experts, practical advice, time for questions and answers, and tea and nibbles.

- Venue: Cherrybrook Uniting Church, 134 New Line Road, Cherrybrook.
- Places are limited, so please register early! Contact Rob Cranna on 0418 287 018 or email crannarobert@gmail.com.

Everyone interested in learning more about aged care is warmly encouraged to attend. See the separated flyer.

Offerings The need to support the Church and its work in the community continues. EFT, cheque and cash donations can be made in the Offering Pouch on Sunday mornings or as listed below:

***By Direct Deposit** (internet transfer) Reference: "Offering" FORESTVILLE UNITING CHURCH BSB 634 634 Account 100018395	***Cheques** made payable to Forestville Uniting Church can be sent to FORESTVILLE UNITING CHURCH PO BOX 264, FORESTVILLE 2087

SHARING PRAYER CONCERNS

- Pray for our congregation's members who need physical, mental, and spiritual recovery & healing and those who find it difficult to meet at church for various reasons – Alan Mann, Kevin Andrews, Mary Eggl, Mua Lopati, Robert Dundas, Sandra Rim.
- Pray for our church leaders and seek volunteers for our church ministries.
- Pray for our cross-cultural ministry leader Freda Tong, Sunday's Bible and Basic Christianity Studies, ESL & Thursday's Chinese service.

- Pray for our church ministries – Tuesday English classes, Wednesday Playgroup, 3F and Men's Bible Study, SRE, Basic Christianity.
- Pray for our student minister, Jermaine Yan – his candidate journey with us this year and his family.
- Pray for our community – Forestville. May God's grace and the gospel of Jesus Christ be shared with our community through our ministries and services.

ROSTERS

Date	Flowers	Readers	Int. Prayer	Sunday School	Stewards	Morning Tea
1 Nov	Helen Gill	Sanghyeon	Sanghyeon	Helen / Nick	(Alan Mann)	Helen & Nick Gill
Pent 23 (31) Jos 3:7-17 Ps 107:1-7,33-37 1 Thes 2:9-13 Mt 5:1-12						
8 Nov	Joan Andrews	Mizi	Mark Brownlee	Robyn / Doti	Mizi & Stephen	Yuan Chan Wen Shu Yenh Li
Pent 24 (32) Jos 24:1-3a, 14-25 Ps 78:1-7 1 Thes 4:13-18 Mt 25:1-13						
15 Nov	Ruth Seymour	Robyn / Greg Jacobs	Robyn /Greg Jacobs	Robyn / Doti	Mai Bao	Robyn C & Doti McConnell
Pent 25 (33) Jgs 4:1-7 Ps 123 1 Thes 5:1-11 Mt 25:14-30						
22 Nov	Mika	Jessa	Together	Sophie / Victoria	Robyn Cohen	Yuru & Stephanie Chan
Christ the King Ez 34:11-16, 20-24 Ps 100 Eph 1:15-23 Mt 25:31-46						
29 Nov	Robyn Cohen	(Alan Mann)	Sanghyeon	Helen / Nick	the Nam family	the Nam family
Advent 1 Isa 64:1-9 Ps 80:1-7, 17-19 1 Cor 1:3-9 Mk 13:24-27						
Editorial: Victoria Brownlee thebrownleefamily@bigpond.com and Helen Gill helennickgill@gmail.com						